



BREAKFAST

AVAILABLE:

Monday – Friday 7am – 9am
Saturday, Sunday and bank holidays 7:30am – 10:30am
All items will be brought to you by your server

Tea or Coffee

Hot toast – white, brown or mixed

CONTINENTAL SELECTION

Unlimited choice available

Chilled Fruit Juice

Orange, Apple, Grapefruit, Tomato, Cranberry,
Still Water, Sparkling Water

Yoghurts

Low Fat Natural and a selection of yoghurts

Fruits

Apricots, Prunes, Strawberries, Melon

Cheese & Meats

Brie, Cheddar, Salami, Ham

Cereals

Coco Pops, Weetabix, Special K, Bran Flakes,
Rice Krispies, All Bran, Corn Flakes, Muesli
(Gluten free cereal is available upon request)

Croissants or Danish Pastry selection
Toasted teacake or Toasted bagel

Preserves

Strawberry, Orange Marmalade, Blackcurrant, Honey
(Diabetic preserves available upon request)

HOT SELECTION

Choose one item per person

Full English Breakfast

Bacon, Greave's pork and herb sausage, Tomato, Portobello mushroom, Bury black pudding, Hash brown/ Potato dish, Baked beans and your choice of Eggs; Poached, Fried, Scrambled or Boiled

Vegetarian Breakfast

Vegetarian Sausages, Spinach, Hash Brown/potato dish, Tomato, Portobello Mushroom, baked Beans and your choice of Eggs; Poached, Fried, Scrambled or Boiled
(Vegan Breakfast available upon request)

Porridge

Cooked as you like with milk or water, with or without Maple Syrup

Omelette

Just plain or choose fill with ham, cheese, mushrooms and/or tomato

Manx Kippers with parsley lemon butter and fresh lemon

Milk poached Haddock

Scottish smoked salmon with scrambled eggs and lemon

Avocado, hummus, roasted red pepper and basil sourdough crispbread (Ve)